Foreword

Around this time each year I stop to reflect on SECASA’s achievements in the previous 12 months. There are always awards and highlights but the core of our achievements is the hard work put in by all the workers to ensure that we provide a first class service which looks after our clients.

I never cease to be impressed at how dedicated the workers are in helping our clients deal with past and recent traumatic events. Whilst it is reasonable to assume a level of professionalism and commitment, workers go above and beyond these expectations many times, and that is SECASA’s major achievement.

As always we have provided counselling and therapy to a large number of child and adult victim survivors of sexual assault and family violence.

We have also expanded our group program as we have come to a better understanding of the role of group activities for our clients and the importance of group activities in their recovery. This year we have run Art Therapy, Yoga, Employment, Reflexology and Body Awareness groups and also an ongoing support group called Heart Strong.

The two Multidisciplinary Centres have settled into their new premises, demonstrating how well organisations with different cultures can work together.

The co-location of Victoria Police, the Department of Health and Human Services Child Protection, Department of Health Nurses, Victoria Institute of Forensic Medicine Doctors and Nurses and CASA staff is proving a powerful model for service delivery.

As well as these two premises we have offices in seven other locations and operate out of Monash University Clayton and Caulfield campuses.

There have been many changes in service provision in SECASA in the past 39 years but counselling has remained constant even if knowledge has increased about effective interventions.

The advent of the internet has bought about changes in the delivery of some services. SECASA’s cyber program continues to grow and evolve as social media constantly changes and evolves. Our anonymous reporting mobile friendly website SARA receives an increasing number of reports.

With over sixty staff members the administrative workers are an essential part of the effective running of the organisation. They deal with clients, workers and co-locating organisations with endless good humour.

There have been many meetings, many counselling sessions and many information and training sessions. Workers have taken maternity leave, returned from maternity leave and retired.

Through all this our service has continued. SECASA has never had a break in service and has always answered our phones. This is a credit to everyone who has worked and currently works at SECASA.

Carolyn Worth AM
22nd September 2016
Our mission

To reduce, and ultimately eliminate, sexual assault and family violence through individual and social change

History

The South Eastern Centre Against Sexual Assault began in 1977 with a service at the Queen Victoria Medical Centre, Lonsdale Street, Melbourne. This was the first sexual assault centre in Victoria. It moved to Monash Medical Centre, Clayton when the Queen Victoria Medical Centre moved there. It was known as the Monash Sexual Assault Centre.

In 1993 the centre moved into the community and the premises in East Bentleigh were opened by the Honourable Minister for Health, Marie Tehan.

Over the past 38 years SECASA has grown from one location to nine within the south eastern region of Melbourne.

Locations

Services are provided in:
- East Bentleigh
- Clayton
- Seaford
- Rosebud
- Dandenong
- Pakenham
- Cranbourne
- South Yarra
- Hastings

SECASA counsellors provide outreach services at:
- Monash Medical Centre, Clayton
- Monash University – Caulfield and Clayton Campuses

Victoria’s Multidisciplinary Centres

A Multidisciplinary Centre (MDC) is a co-location of:
- Victoria Police Sexual Offences and Child Abuse Investigation Teams (SOCITs)
- Department of Health & Human Services (DHHS) Sexual Assault Investigation Teams
- CASA Counsellor/Advocates
- Victorian Institute of Forensic Medicine in some venues
- Department of Health Nurses at some venues

There are currently 6 MDCs in Victoria at:
- Seaforf PenSAC
- The Principal MDC at Dandenong
- Bendigo
- Geelong
- Mildura
- Morwell

SECASA is a partner agency at Seaford PenSAC and Dandenong and a team of our counsellors is based at each. Our AWARE program and schools programs are based at Dandenong.
Principal MDC at Dandenong

A colourful ‘welcome wall’ has been installed in the foyer at Dandenong MDC, with the word ‘welcome’ translated into the 65 main languages spoken in the Greater Dandenong area. The local Indigenous word for welcome ‘Womin-jek-a’ is included.

We thank Greater Dandenong City Council for supplying the language image files.

Welcome to Country ceremony
On Wednesday 16th September, Jemima Gardiner and Grandad from the Wurundjeri Land Council performed a Welcome to Country ceremony for Dandenong MDC.

Carolyn Worth welcomed guests and a wall plaque was unveiled acknowledging the traditional owners on the land on which the Dandenong MDC stands.

In the picture below – left to right: Grandad; Jemima Gardiner; Superintendent Matthew Ryan, Victoria Police Family Violence Command; Senior Sergeant Bryce Pettett SOCIT (Sexual Offences and Child Abuse Investigation Team); Kathy Fountas, Area Manager Dandenong Child Protection, Children Youth and Families; Kelly Flannery-Doyle, Team Manager Sexual Assault Investigation Team Child Protection; Carolyn Worth SECASA
**PenSAC Seaford MDC**

SECASA has a strong working relationship with our partner agencies, Victoria Police and Department of Health and Human Services at PenSAC. Clients also benefit from our service partnership with Legal Aid (VLA), with legal support available each month.

This year we re-engaged in service discussion and secondary consultation with Early in Life Mental Health Services (ELMHS) in our region.

This year we provided:

- Client support at the Human Rights Royal Commission into Institutional Sexual Assault
- Consultation as a service partner to the Mornington Peninsula Child & Youth Directory
- Input to a Roundtable with Jenny Mikakos (Minister for Families, Children and Youth Affairs) at the Shire of Frankston.

Our creative clients designed T-shirts for the Frankston-Mornington Peninsula Family Violence Network “Clothesline Project”.

*Susan McDougal*
Team Leader at Seaford

---

**SECASA at Cranbourne**

Our office in Cranbourne is co-located in Cranbourne Information Support Services (CISS). We share this space with friendly CISS staff, volunteers and WAYSS* workers.

It is always busy. CISS provide food, free generalist, financial and child and adolescent counsellors to the residents of the City of Casey. They also assist families with the cost of education and provide interest-free loans to buy essential household goods.

Our SECASA clients are able to access the range of services offered by CISS. The partnership between CISS management, staff, volunteers and SECASA assists our clients’ needs in a respectful and confidential manner. It is a fantastic place to work and visit.

*WAYSS provides access to stable, affordable and safe accommodation for those who are homeless or at risk of homelessness.

*Jan Bland*
Counsellor

---

**SECASA at Monash University**

Since April 2013, SECASA has provided counselling services to students and staff at Monash University’s Clayton and Caulfield campuses, through the University Health Service.

This initiative has increased students’ awareness of the services available to victims of sexual assault and family violence.

We also offer secondary consultations and provide information sessions to the University community.

Anecdotal reports from staff and students indicate that having SECASA at the University increases the likelihood of students accessing this specialist counselling.
SECASA at South Yarra

SECASA South Yarra provides a service at the Launch Housing site, 60 Wilson Street – around the corner from the Jam Factory. Launch Housing is an independent Melbourne based community organisation formed from the merger of Home Ground Services and Hanover. They are one of Victoria’s largest providers of housing and homelessness support services.

The building is close to public transport for our clients from St Kilda, Prahran and South Yarra.

SECASA Counsellors, Donovan Pill, Julie Butler, Jess Miranda, Mary Mass and Wendy Miller are rostered to cover Monday, Tuesday, Thursday and Fridays.

Our colleagues from Launch Housing also share their space with Taskforce; a Drug & Alcohol Service.

South Yarra is an eclectic office that can offer, if need be, a diverse range of services to our clients

Our Services

SECASA provides services across the Mornington Peninsula, Frankston, Greater Dandenong, City of Casey and Cardinia Shire, Port Phillip, Glen Eira, Stonnington, Kingston and Bayside.

Services are provided on a twenty-four hour basis to children and adults, both male and female, who have experienced sexual assault and family violence.

2602 new clients were provided with a service in 2015-2016:

- 1548 adult females
- 573 female children
- 197 adult males
- 284 male children.

Crisis Care services

We provide 24 hour crisis care services from two Crisis Care Units: one adjacent to the Emergency Department at Monash Medical Centre Clayton and the other at Dandenong MDC.

These services are provided during the initial crisis following a recent sexual assault or family violence incident. Counsellor/Advocates provide support, information and advocacy to assist victim/survivors to make informed choices about reporting to Police, legal action and medical care.

During this year 234 people aged 18 and over attended these Crisis Care Units affected by sexual assault and 45 affected by family violence. Under 18 year olds were seen at The Angela Taylor Crisis Care Unit at Monash Medical Centre.

The range of services includes:

| Duty/Intake in business hours, with a Counsellor available for consultation, advice and support | Legal service for criminal injuries claims |
| 24 hour crisis counselling and medical care | Reports for courts and tribunals |
| Counselling for victim/survivors of sexual assault | Interpreter services |
| AWARE program | Secondary consultation and External supervision |
| ANCOR assessment for families living with an offender on the Sex Offender Register | Student supervision and Community Education |
| Making Rights Reality for clients with a cognitive impairment or communication difficulty | Groups and schools programs |
| Workforce Development: training for the sexual assault field across Victoria | Publishing, online and social media outreach |
| We organise workforce training for the Sexually Abusive Treatment Services (SABTs) field through peak body ANZATSA. Carolyn Worth chairs CEASE, which delivers SABTs programs for ANZATSA. |
AWARE program

AWARE provides services for children with problem sexual behaviour and young people with sexually abusive behaviour, between the ages of 10-18.

Young people may be seen with their parents or carers, or with the whole family. Counsellors can support parents and other family members, or family members may have their own Counsellor or Family Therapist.

Treatment may include group or individual therapy, and family/client centred approaches. Various themes are explored including: taking responsibility; victim awareness; fantasy control; relationships; masculinity and sexuality; relapse prevention; emotions and commitment.

We liaise with government and non-government agencies, and provide training and support to schools and residential placements.

Schools Programs

SECASA’s Schools Programs have had another solid year. The Respect, Protect, Connect program was delivered at a steady stream of schools. This raises the awareness of secondary school students about violence and its impact on the health and well-being of women and the community.

Several new educators were recruited and are enjoying being part of this program.

The Feeling Safe Together protective behaviour workshop was delivered in 5 primary schools, including for students with intellectual disabilities. Parent/teacher information sessions were given at 3 other schools.

We value our new and continuing partnerships with Secondary schools/organisations:

<table>
<thead>
<tr>
<th>King David School</th>
<th>Paterson River Secondary College</th>
<th>Cheltenham Secondary College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brighton Secondary College</td>
<td>Carrum Downs Secondary College</td>
<td>Kew High School</td>
</tr>
<tr>
<td>St Bede’s College</td>
<td>Mulluna Secondary College</td>
<td>Elisabeth Murdoch College</td>
</tr>
<tr>
<td>Oznam Enterprises</td>
<td>Xavier College</td>
<td>Hampton Park Secondary College</td>
</tr>
<tr>
<td>Camberwell High School</td>
<td>Gleneagles Secondary School</td>
<td>Wellington Secondary College</td>
</tr>
<tr>
<td>Noble Park Secondary College</td>
<td>Warrandyte High School</td>
<td>Beaconhills College</td>
</tr>
<tr>
<td>Fountain Gate Secondary College</td>
<td>Yarrabah School</td>
<td>DVRCV Partners in Prevention</td>
</tr>
<tr>
<td>Carwatha College</td>
<td>St John’s Regional College</td>
<td>Monash Partners in Prevention</td>
</tr>
<tr>
<td>Ashwood School</td>
<td>Highvale Secondary College</td>
<td>Southern Ethnic Advisory and Advocacy Council</td>
</tr>
<tr>
<td>Ashwood Secondary College</td>
<td>Westall Secondary College</td>
<td></td>
</tr>
</tbody>
</table>

And primary schools:

<table>
<thead>
<tr>
<th>Fleetwood Primary School</th>
<th>Naranga Special School</th>
<th>Rivergum Primary School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Karingal Primary School</td>
<td>Narre Warren North Primary School</td>
<td></td>
</tr>
</tbody>
</table>

Carpell Dang and Sydel Fernandes
Schools Program Workers
Making Rights Reality (MRR)

MRR provides additional advocacy and support for SECASA clients with a disability to ensure access to counselling, criminal justice processes and the Victims of Crime Assistance Tribunal.

We receive 2-3 referrals a month of clients eligible for the program. MRR has assisted clients this year through:

- Funding transport for counselling appointments and group attendance
- Outreach counselling at group homes
- Outreach support from SECASA’s joint legal clinic for a VOCAT application

Easy-read Resources have been developed and are in use across all CASAs and other services, and are available in print for purchase.

We’ve been involved this year with several projects addressing violence against people with disabilities, including:

- Scope’s “Speak Up to Be Safe from Abuse” project where people learned to use new communication tools – talking mats, communication boards and books, record sheet and poster.

Legal book being republished

“Sexual Assault, The Law and Your Rights” was published in 1998 by Victoria Legal Aid, Brimbank Melton Community Centre (a program of Community West Inc) and the CASA Forum, with funding from the Office of Women’s Affairs.

Following two focus group being conducted with funding from Victorian Law Foundation, this book has been revised and will be printed when reviews are completed.

- The Victorian League for Individuals with a Disability (VALID) and National Disability Services (NDS) have run state-wide forums “Abuse and Neglect is Never Okay”, for people with disabilities and workers in the disability sector. CASA workers have attended to provide support to participants.

As part of this project NDS has developed prevention resources: https://www.nds.org.au/resources/zero-tolerance

- The Women with Disabilities Victoria Gender and Disability Workforce Development Program has continued this year, with additional funding.

As part of my project role I have continued to provide outreach counselling to several clients, secondary consultation to workers at SECASA and other CASAs, and to other external agencies.

Springvale Monash Legal Service (SMLS) has continued to assist MRR clients, and we have supported several clients who have lodged Victim of Crime Assistance Tribunal (VOCAT) claims.

Dagmar Jenkins
Counsellor – MRR Project Worker

Artwork by a SECASA client
Publications

This year we updated several of our popular publications and created several new ‘give-away’ items:

‘Technology, Safety & Reporting Options’ – written with Victoria Police

Our range of Service Brochures

Wrist bands

More of our new items:

‘Sexual Assault Report Anonymously (SARA) business cards, flyer, sticker

SECASA fridge magnet

BDSM card (for the Bondage and Discipline, Dominance and Submission, Sadism and Masochism sector)

Our most popular publications

We give out large quantities of our Family Violence Service Brochure and Safety Planning card:

‘Family Violence Service Brochure’

Safety Planning Card

‘Restorative Justice’ brochure

Information for a new service:

Brochure and information sheets to support our Restorative Justice Project
On-line services

Licence to provide online safety programs

SECASA has been accredited by the Office of the Children’s eSafety Commissioner to deliver online safety programs in schools.

We have developed a new workshop which will be piloted in several schools and then offered with our other schools programs.

This workshop is called “SOARR: Safety Online and Respectful Relationships” and is designed for Years 7, 8, 9, 10 students.

It includes discussion and activities about:
- Being safer online (online privacy, online friends, grooming)
- Cyber bullying and respectful relationships
- Consent and sexual consent
- Sexting and Pornography

Cyber outreach services

We provide cyber outreach services for victim/survivors using social media. We have pages on the following social media platforms:
- Google Plus
- Facebook (SECASA and Respect Protect Connect Schools program) – 992,812 views
- Twitter
- YouTube (60 original videos) – 6,165 views
- Blogger (Manager’s Blog and a Blog covering SECASAs groups) – 4,775 views

We also:
- Assist groups run by survivors that are also operating in an online environment
- Provide secondary consultation and speak at conferences, schools and community groups about cyber safety, sexting and problematic Internet usage.

Meeting with Federal E-Safety Commissioner

ICT Team Leader Juliet Summers attended a meeting with Commissioner Alistair McGibbon about issues related to technology and young people.

Our web sites

This year we launched two new web sites:
- www.rapecrisis.com.au for survivors of recent sexual assault to find information they need more quickly than looking on our main site.
- www.esafety.secasa.com.au supports our schools safety program and also has information for general use.

Our existing web sites continue to attract large numbers of users, with new and update content:
- www.secasa.com.au information and resources
- www.youth.secasa.com.au for young people
- www.sara.org.au anonymous reporting of sexual assault, including a phone app

Numbers of visits to these sites:
- SECASA main site: 294,141
- Youth site: 4,717
- SARA site: 4,238

SARA (Sexual Assault Report Anonymously) was launched in 2013. This mobile web site enables victims and others to anonymously report sexual assault incidents to police.

SARA reports -year 2015/2016:
283 reports were received this year. Data is passed to police contacts in each state and territory. A counsellor is assigned to follow up with reporters.

Juliet Summers
Team Leader - ICT

Miles Summers
Project Worker - ICT
Update from SARA worker

SECASA’s Sexual Assault Report Anonymously (SARA) was commissioned after several women reported being attacked near where Ms Jill Meagher, 29, disappeared in Brunswick in September 2012.

SARA was developed for SECASA as a mobile App and launched in 2013. Our ICT Project Worker Miles Summers redeveloped it as a mobile web site and ICT Team Leader Juliet Summers liaised with police in each state and created our reporting and follow-up processes. I was assigned to follow-up with reporters during this year as numbers of reports increased.

Reporters can leave their contact details or not, and can describe the incident and the offender in as much/little detail as they choose. I contact reporters who leave their contact details to offer support, and the anonymous SARA data is passed to police.

Most reports come from Victoria followed by New South Wales and then W.A., S.A. and QLD in smaller but equal numbers.

SARA helps sexual assault victim/survivors to:

- Make an anonymous report
- Have a voice – not remain silent
- Help the police focus on crime hotspots
- Help make our community safer
- Take the first step towards reporting the alleged offender

We have created posters, business cards, a flyer and stickers to promote SARA. These have been distributed in many places including universities.

Wendy Miller
Counsellor and SARA Worker

Quotes from two SARA Reporters:

“OMG thank you so much for your reply, you have literally made my day by reading that! I thought no one would even bother to read my report let alone reply!

So that really makes me feel relieved and more aware that yes, there ARE actually some good people left in this world!”

“Thanks. I have spoken to CASA and am seeing a counsellor with them. I’m trying to work up to making a statement but haven’t quite gotten there yet, and thought this might be a good starting point....”

Restorative Justice Program

Restorative justice is a process in which everyone involved in an offence communicates with each other about the harm that has been caused. The aim is to decide together how to deal with that harm, so the future can be better. The police and courts are not involved.

Restorative justice has not generally been used for sexual assault offences in Victoria. SECASA is now offering a process to victims, and a pilot is underway with evaluation to be carried out by a team from Monash University led by Bebe Loff, Director, Michael Kirby Centre for Public Health and Human Rights, School of Public Health and Private Medicine.

Existing SECASA clients and other victim/survivors of sexual assault living in our region can apply to the program.
SECASA Partnerships

20th Birthday: SECASA/ SMLS Joint Legal Clinic

Carolyn Worth celebrating with Meghan Butterfield from the SMLS Joint Legal Clinic.

For the past 20 years Springvale Monash Community Legal Service (SMLS) and SECASA have run a Joint Legal Clinic specialising in Victims of Crime Tribunal applications. This clinic is a partnership between Monash Law Faculty, Springvale Monash Community Legal Centre and SECASA.

Clients are helped by volunteers and Monash Final Year Law students on their Advanced Professional Practice Placement. Meghan Butterfield supervises the work and she has been involved with the clinic in a number of roles since its inception.

Australian Teenage Expo

SECASA is a knowledge partner for this travelling expo run by Sonya and Sacha, who visit schools and assist young people to access essential information. Their Virtual Expo has information for parents.

Sonya and Sacha promote our web site and SARA site – and say 25% of expo attendees rush to our site.

Better Health Channel

SECASA has been invited to be a knowledge partner for the Better Health Channel – the Victorian government’s web site which is a guide to Victoria’s health system.

We are giving input for the Lifestyle section and contributing to fact sheets on sexual assault and date rape. This content is being provided by ICT Team Leader Juliet Summers.

1800 Respect

Carolyn has joined the Implementation Clinical Advisory Committee for 1800 Respect - the National Sexual Assault and Family Violence Crisis Line.

SECASA has assisted 1800 Respect with videos on technology safety. Each video is 1-2 minutes in duration.

Orygen Youth Health

Online Project Worker Juliet Summers is assisting with content for this youth mental health support web site.
Projects and groups

2016 Calendar

With the assistance of artist Anne Riggs and the women who generously share their art work with the world, SECASA has now produced nine calendars.

Each year these calendars are distributed to clients, workers and the general public to raise awareness of sexual assault and the amazing women who use their trauma to influence their creativity.

Training for Monash Health

Carolyn Worth has provided Family Violence training for Midwives at Monash Health throughout the year.

Groups held this year:

- Anne Riggs art group at Seaford and East Bentleigh – ‘TOTEM at My Table’
- Reflexology at East Bentleigh
- Children’s Safety Skills at Seaford
- Body Awareness Recovery – gym group at Cranbourne
- Internet Safety for Families at Dandenong
- Heart Strong therapy group at East Bentleigh
- 4GR Employment Group at East Bentleigh
- Children’s Group and Adolescent Group at Seaford
- Yoga at East Bentleigh

Department of Health Nurses at MDCs

Department of Health Nurses will now be part of Victoria’s Multidisciplinary Centres, to provide healthcare and referrals to other medical professionals, for MDC clients. Monash Health has oversight of MDC nurses and has provided a Coordinator.

Two nurses are working between Dandenong and Seaford MDCs, with a third nurse working at Seaford for 3-4 days a week. We welcome the nurses to SECASA!

New SECASA Fridge Magnet
Awards

2015 NAPCAN Victorian Play Your Part Award

The 2015 National Association for the Prevention of Child Abuse and Neglect (NAPCAN) Victorian Play Your Part Award was given to SECASA’s sexting kit: ‘Respect me, Don’t sext me’ and announced at the start of National Child protection Week (6th September).

Carolyn Worth and ICT Team Leader Juliet Summers attended the Robyn Clark Protecting Children Awards ceremony and dinner on 8th September to receive the award.

Carolyn receives the Award from Jenny Mikakos Minister for Families, Children and Youth Affairs and Robin Clark, CEO of NAPCAN

2015 Victorian Award – Australian Crime and Violence Prevention Award

On 1st December Carolyn accepted this award for 3 SECASA products – which we called ERICA:

Educate, Report, Inform Communities in Australia

Carolyn accepting the award from left: Hon Michael Keenan MP, Federal Minister for Justice; right: Chris Dawson CEO Australian Institute of Criminology

These awards are a joint initiative of the Australian, State and Territory governments, sponsored with the Law, Crime and Community Safety Council and managed by the Institute of Criminology (AIC).

They are designed to recognise community led crime prevention activities.

Pride of Australia Competition

Susan McDougall, Team Leader at Seaford, received a medal in this News Corporation Australia’s community initiative.

This yearly competition celebrates the remarkable achievements of members of the Australian community. There are several categories and this year Susan McDougall and 28 others received medals.

Susan McDougall with Victorian Premier Daniel Andrews at the Pride of Australia Competition
Sexual Assault Workforce Development Program

This Victorian government funded program provides training to new and existing sexual assault workers on a range of topics. The aim is to develop workers’ skills and confidence and improve the quality and consistency of responses to victim/survivors of sexual assault.

The program began 10 years ago and is delivered by the CASA Forum with SECASA as the lead agency in partnership with the Australian Institute for Family Studies (AIFS).

In 2015/16, 8 x 2 day workshops and 6 x 1 day workshops were delivered. A total of 409 sexual assault workers from across Victoria attended the training across these days.

SECASA workers provided facilitators for 4 of the workshops:
- Working with Victim Survivors with Cognitive Impairment: Dagmar Jenkins
- Specialist Assessments – Updated Model: Sarah McGregor
- Sand play therapy: Mary Jadresko
- Applying solution forward and Narrative Therapy when working with children who have experienced sexual assault, abuse and neglect – Jackie Bateman

Workers from across SECASA were regular participants in the workshops.

Sarah McGregor
Counsellor and Workforce Development Program Coordinator

Artwork by SECASA clients from the 2016 Calendar

Assistance provided to government initiatives

SECASA provided assistance for several government initiatives and projects this year including:

Royal Commission into Institutional Responses to Child Abuse

Carolyn Worth attended in Sydney as a witness, to answer questions about services provided by SECASA for children and young people in out-of-home care.

Carolyn also wrote submissions for several Issues Papers for this Royal Commission including:
- Advocacy and Support and Therapeutic Treatment Services
- Addressing the Risk of Sexual Abuse in Primary and Secondary Schools
- Redress and Civil Litigation
- Offender Programs

Royal Commission into Family Violence

Carolyn Worth spoke with this Royal Commission about the use of Restorative Justice Conferencing for family violence.

Senate Enquiry Submission

ICT Project Worker Miles Summers, assisted by Carolyn Worth and ICT Team Leader Juliet Summers, made a submission to the Senate Enquiry About Harm Being Done to Australian Children Through Access to Pornography on the Internet.

Child Safety Standards Working Group

Carolyn Worth is a member of this working group.

Child Safety Legislation

This new legislation came into effect on 1st January 2016. Our SECASA procedures already cover these requirements. Carolyn Worth is working with Monash Health to update their policies/procedures and implement other items required.
Events attended this year

Women’s Melbourne Network

Carolyn Worth was a panelist at their 2nd September event ‘Consenting to change: a discussion of the reforms to rape and sexual assault’.

Carolyn with Her Honour Judge Meryl Sexton, County Court of Victoria.

‘Thank you’ gifts (left to right):
Anna from WMN; Asher Flynn, Senior Lecturer in Criminology, Monash University/Research Fellow in Law, University of Warwick (UK);
Carolyn Worth SECASA; Her Honour Judge Meryl Sexton; Greg Byrne Special Counsel, Dept of Justice and Regulation

Ozkinkfest – September 2015

Dandenong Team Leader Nerrida Mitchell and ICT Team Leader Juliet Summers handed out SECASA merchandise including wrist bands and our new wallet cards designed for the BDSM* community.

*BDSM is an overlapping abbreviation of:
- Bondage and Discipline (BD)
- Dominance and Submission (DS)
- Sadism and Masochism (SM)

Mourning Wall at Moorabbin Hospital

This is being created by Anne Riggs’ art group and installed in the grounds of Moorabbin Hospital.

The first part of the installation was put in place on 6 December.
Community events

**Midsummer Pride March**

Almost 190 organisations were involved this year including Victoria Police, CFA, queer sporting teams, political parties and many queer-friendly businesses.

Donovan Pill, Michelle Wald, Liesl Krebs and Carolyn Worth marched for SECASA in the Pride March

**16 Days of Music Activism**

From 25th November to 10th December SECASA ran a 16 day campaign on Facebook to support the 16 days of Activism Against Gender Violence.

This campaign marked 75 years of musicians raising awareness about violence against women. Each day SECASA posted music in recognition of these artists.

**White Ribbon Walk**

SECASA marched in the annual White Ribbon Walk Against Violence on 26th November, proudly wearing white ribbons made by client Grace Pavone.

From left: Jo-dine Carter, Sally Kempler, Liesel Meuris, Grace Pavone and Dagmar Jenkins

Grace Pavone wearing one of her White Ribbons

**Stall-holder and contributor:**

Seaford PenSAC took part in the Frankston-Mornington Peninsula Schools and Early Years Health and Wellbeing-day at Hastings
Conferences and Talks

‘More Than Revenge: Addressing the Harms of Revenge Pornography Roundtable’
Schools Program Worker Carpell Dang and ICT Team Leader Juliet Summers attended this roundtable in February, addressing the harms of revenge pornography.

Better Health Channel Thought Leadership Forum
Juliet Summers attended this forum on behalf of SECASA in February. SECASA is a Knowledge Partner for this government web site, which is a guide to Victoria’s health system.

Australian Internet Governance Forum (AuDa)
Juliet Summers was invited to speak jointly with VicPol and DEECD at this forum, on technology and safety.

ANZATSA 2015 Conference Melbourne
This conference is for agencies delivering programs for problem sexual behaviour and sexually abusive behaviour. Our AWARE and Counselling teams ran 2 workshops.

Cyber safety, sexting, social media
Juliet Summers gave talks on these topics for:
- Rural Social Workers Action Practice Group
- Monash Health Youth Sexual Health Steering Committee
- Peninsula Network Principal’s Conference
- Daylesford Secondary College
- Cawatha College
- Rsdy Kinship Program, Anglicare Box Hill
- Australian Youth Alcohol and Other Drugs (AOD) Conference
- MAEVE – The Melbourne Research Alliance

UK ARCH Conference
Carolyn Worth travelled to York in the UK in February to attend this world-wide conference about the development of Multidisciplinary Centres. Carolyn was a key note speaker.

While she was there, she saw an organisation using one of our products: ‘Fast Forward’ board game from the ‘Respect me, Don’t sext me’ sexting pack.

‘Respect me, Don’t sext me’ cards from the sexting pack

Ending Domestic Violence Conference
Seaford Team Leader Susan McDougall spoke at this conference on behalf of the CASA Forum, in October.

Post Adoption Resource Centre (Bernados) NSW
ICT Team Leader Juliet Summers spoke here about ‘Using Social Media for Service Delivery’.

ANROWS
Australia’s National Research Organisation for Women’s Safety. ICT Team Leader Juliet Summers spoke at their Inaugural National Research Conference on Violence Against Women and their Children in February. We also had a stall for giveaways in their Tech Hub.

Input to Focus Group
Seaford Team Leader Susan McDougal contributed to a focus group ‘Counselling Service Modalities and the needs of Australians affected by Sexual Assault, Domestic and Family Violence.'
# Funding, Supporters, Donations

## Funding

<table>
<thead>
<tr>
<th>Service/Department</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Assault Support Services – Department of Human Services</td>
<td>$3,219,177</td>
</tr>
<tr>
<td>Family Violence Support Services</td>
<td>$407,751</td>
</tr>
<tr>
<td>Statewide Workforce Development sexual assault support services</td>
<td>$120,681</td>
</tr>
<tr>
<td>Sexually Abusive Treatment Services – Department of Human Services</td>
<td>$1,031,392</td>
</tr>
<tr>
<td>Transition Support</td>
<td>$25,224</td>
</tr>
<tr>
<td>Family Violence Initiatives</td>
<td>$51,091</td>
</tr>
<tr>
<td>Health Department Sexually Abusive Services</td>
<td>$163,207</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>$5,018,523</strong></td>
</tr>
</tbody>
</table>

## Supporters

We thank all our supporters for their generosity to SECASA this year.

<table>
<thead>
<tr>
<th>Supporter</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trinity Families</td>
<td>$5,000</td>
</tr>
<tr>
<td>Moorabbin Hospital Ladies Auxiliary</td>
<td>$2,000</td>
</tr>
<tr>
<td>Moorabbin Lions Club</td>
<td>$1,000</td>
</tr>
<tr>
<td>A friend of Carolyn Worth’s</td>
<td>$1500</td>
</tr>
<tr>
<td>Tania Lipton’s Friends and Family</td>
<td>$2,632</td>
</tr>
<tr>
<td>Anonymous Donor</td>
<td>$1,000</td>
</tr>
<tr>
<td>St. Anthony’s Catholic Women’s League</td>
<td>$300</td>
</tr>
<tr>
<td>Niall Fulcher</td>
<td>$44</td>
</tr>
</tbody>
</table>

*Artwork by SECASA clients*

**Moorabbin Lions Club** and **Moorabbin Hospital Ladies Auxiliary** have supported SECASA for many years.

Their generosity helps us to restock clothing and other items in our Crisis Care Unit.

We truly appreciate their fundraising efforts.

**Pat Huggins from Moorabbin Hospital Ladies Auxiliary hands a cheque to Carolyn Worth**

**Jessie Brent (left) and Marilyn Lissenburg from the Lions Club of Moorabbin presented a cheque for $1000 to Carolyn Worth**

**Left: Counsellor Mary Mass with a basket of goodies from Carman of Carman’s Kitchen**

**Right: Artwork by a SECASA client from the 2016 Calendar**
Donations

We thank everyone who made donations to SECASA this year:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Item(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bay Quilters</td>
<td>Quilts and a Christmas tree with quilted decorations</td>
</tr>
<tr>
<td>Waverley Patchworkers</td>
<td>Quilts</td>
</tr>
<tr>
<td>Safe Steps</td>
<td>Care Packs</td>
</tr>
<tr>
<td>Restoring Hope</td>
<td>Books, Phone with credit, Carabiner Flashlight</td>
</tr>
<tr>
<td>Grace Pavone</td>
<td>Monetary donation; Handmade White Ribbons</td>
</tr>
<tr>
<td>Yarra Valley Country Women’s Association</td>
<td>Trauma Dolls, Knitted Care Bears, diary packs</td>
</tr>
<tr>
<td>Warrigal Women’s Group</td>
<td>Knitted Care Bears</td>
</tr>
<tr>
<td>Wandin Country Women’s Association</td>
<td>Knitted Care Bears, books, pad, pencils and pens</td>
</tr>
<tr>
<td>Wannallock Country Women’s Association</td>
<td>Knitted Care Bears, Trauma Dolls</td>
</tr>
<tr>
<td>Monbulk Care Network</td>
<td>Care Packs, Food Hampers</td>
</tr>
<tr>
<td>Hands Off Foundation</td>
<td>Vouchers: self-care and exercise classes; Care Packs</td>
</tr>
<tr>
<td>Carman from Carman’s Kitchen</td>
<td>Basket of biscuits, muesli bars and other goodies</td>
</tr>
<tr>
<td>Gallagher Bassett Services</td>
<td>Bears</td>
</tr>
<tr>
<td>Brotherhood of St Lawrence, Schools Engagement Team</td>
<td>Toys</td>
</tr>
<tr>
<td>“Pay It Forward” Korumburra Secondary School</td>
<td>Clothes</td>
</tr>
<tr>
<td>Meg Watkins</td>
<td>Beads</td>
</tr>
<tr>
<td>Linda Simpson</td>
<td>Book</td>
</tr>
<tr>
<td>Jane Marie Black</td>
<td>Food Hampers</td>
</tr>
<tr>
<td>John Griffin</td>
<td>Book</td>
</tr>
<tr>
<td>Patricia Barden</td>
<td>Book: “I’m The Boss of My Body”</td>
</tr>
<tr>
<td>Comfort Bear Program – Sathya Said Centres of Melbourne</td>
<td>Knitted Care Bears</td>
</tr>
<tr>
<td>‘Mums Supporting Families In Need’ (MSFIN)</td>
<td>Support for Seaford-Mornington Peninsula clients</td>
</tr>
</tbody>
</table>

Thanks to Eloise Roche, Coordinator of the Brotherhood of St Lawrence Schools Engagement Team, for arranging this donation of toys.

Care Bears knitted and donated by the Country Women’s Association Yarra Valley, Wandin and Wannallock groups and the Warrigal Women’s Group.

Left: pottery created by SECASA clients during an art group.

Right: Client artwork from the 2016 SECASA Calendar.
“Pay It Forward” - Korumburra Secondary College donation to SECASA

Students watched the movie “Pay It Forward” with Kevin Spacey and Helen Hunt - about young Trevor McKinney who is troubled by his mother’s alcoholism. His social studies teacher helps him set up a project where the recipient of a favour does favours for 3 others, instead of repaying the original person – with funny consequences!

One student decided to collect clothes for SECASA, and enlisted her classmates. Her mother drove her to East Bentleigh to personally bring the bags to us.

Cuddly Comfort Bears

The Comfort Bear Program donated more cuddly knitted bears to SECASA this year. The program began in 2001, run by the Sai Organisation of Australia and PNG.

The program’s motto is ‘Love All Serve All’.

The Bay Quilters

Once again The Bay Quilters have created beautiful quilts, which bring comfort and pleasure to SECASA clients, both children and adults.

For several years the Bay Quilters have given SECASA a Christmas tree with beautiful handmade decorations.

This tree brings joy to our clients, staff and visitors.

Children’s animal quilt made by Bay Quilters
We appreciate the creativity of our clients and supporters

Students at SECASA
SECASA has again contributed to the education of undergraduate and postgraduate students by offering placements, with counsellor/advocates or other nominated workers acting as placement supervisors.

This year, SECASA offered the following placements to Monash Health Social Work Students:

- Eben Jenkins – East Bentleigh
- Gabrielle Doyle – East Bentleigh
- Isabel Bolton - Dandenong
- Paige Ward - Dandenong
- Sarah Isman - Seaford
- Jamie Long – East Bentleigh
- Kate Brinly - Cranbourne
- Justine Bell – East Bentleigh
- Helen La – East Bentleigh
- Fontini Mantzos – East Bentleigh

Contact us

Administration: 03 9928 8741
Crisis: 03 9594 2289
Fax: 03 9928 8749
Email: secasa@monashhealth.org

Web sites:
www.secasa.com.au
www.youth.secasa.com.au
www.sara.org.au

Mail:
SECASA
PO Box 72
East Bentleigh 3165
Victoria, Australia