

## Phone

Admin 03 9928 8741  
Crisis 03 9594 2289 (24 hour)  
Toll Free 1800 806 292 (24 hour)

## Web

[www.secasa.com.au](http://www.secasa.com.au)  
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## Email

[secasa@monashhealth.org](mailto:secasa@monashhealth.org)

## Post

PO Box 72  
Bentleigh East, 3165

## Resources

Respect me. Don't Sext me  
*Sexting education kit*  
[secasa.com.au/pages/respect-me-dont-sex-me](http://secasa.com.au/pages/respect-me-dont-sex-me)

Dealing with Danger  
*Staying safer with online technology*  
[secasa.com.au/pages/dealing-with-danger-staying-safer-with-online-technology](http://secasa.com.au/pages/dealing-with-danger-staying-safer-with-online-technology)

# Schools Programs

[www.secasa.com.au](http://www.secasa.com.au)

*The South Eastern Centre Against Sexual Assault (SECASA) provides sexual assault and family violence services in Victoria within the Mornington Peninsula, City of Frankston, Bayside, Port Phillip, Stonnington, Glen Eira and Kingston local government areas. We also work in the Cities of Greater Dandenong, Casey and Cardinia growth corridor.*

## Feeling Safe Together

### Protective behaviours for primary schools

Feeling Safe Together helps students to identify when they feel unsafe and shows them how to respond. It removes the emphasis from “stranger danger”.

Students learn that their body has Early Warning Signs such as butterfly feelings in their tummy, pounding heart, jelly legs, and feeling sweaty.

Research states that children who understand prevention techniques are at less risk of being abused whether through child sexual/physical abuse or bullying.

Workshops are run for boys and girls from prep to grade 6. They cover general safety and well-being including early warning signs, feelings & body language, private areas/parts, secrets, tricks & bribes and safety networks through various interactive activities.

Workshops cater for up to 25 students at a time and are delivered over 2 to 3 hours depending on the year level.

## Contact

For further information or to make a booking please contact SECASA

Admin 03 9928 8741

Email [secasa@monashhealth.org](mailto:secasa@monashhealth.org)

## Respect Protect Connect

### Respectful relationships for secondary schools

Violence among and against young people is widespread and often goes unrecognised. It is likely that a young person will experience, witness or feel vulnerable to violence at some point in their lives. Schools, due to their prominent role in young people’s lives, are uniquely placed to address youth issues such as violence.

The Respect Protect Connect (RPC) program aims to help schools do this by broadening young people’s definition of violent behaviour and raising awareness about its impact on their health and on others.

Workshop topics include: gender, healthy relationships, domestic violence, consent and the law, sexual assault and harassment, safe partying, assertive communication and sexting.

## SOARR

### Safety online and respectful relationships

The SOARR program is aimed at raising awareness of online threats and violence and the impact these can have on the health and wellbeing of young people. SOARR has been developed around the central themes of gender, power, violence and respect. This is an approach aimed at preventing gender-based violence online.

SOARR has three components: whole of year talks, workshops for individual classes and an online module to be completed by students at home with their parents or caregivers.



Office of the Children's  
**eSafety Commissioner**

SECASA is an accredited eSafety Commission provider